

Retirement?

Am I Ready?

And What's Next?



hi

Welcome, Future Retiree!

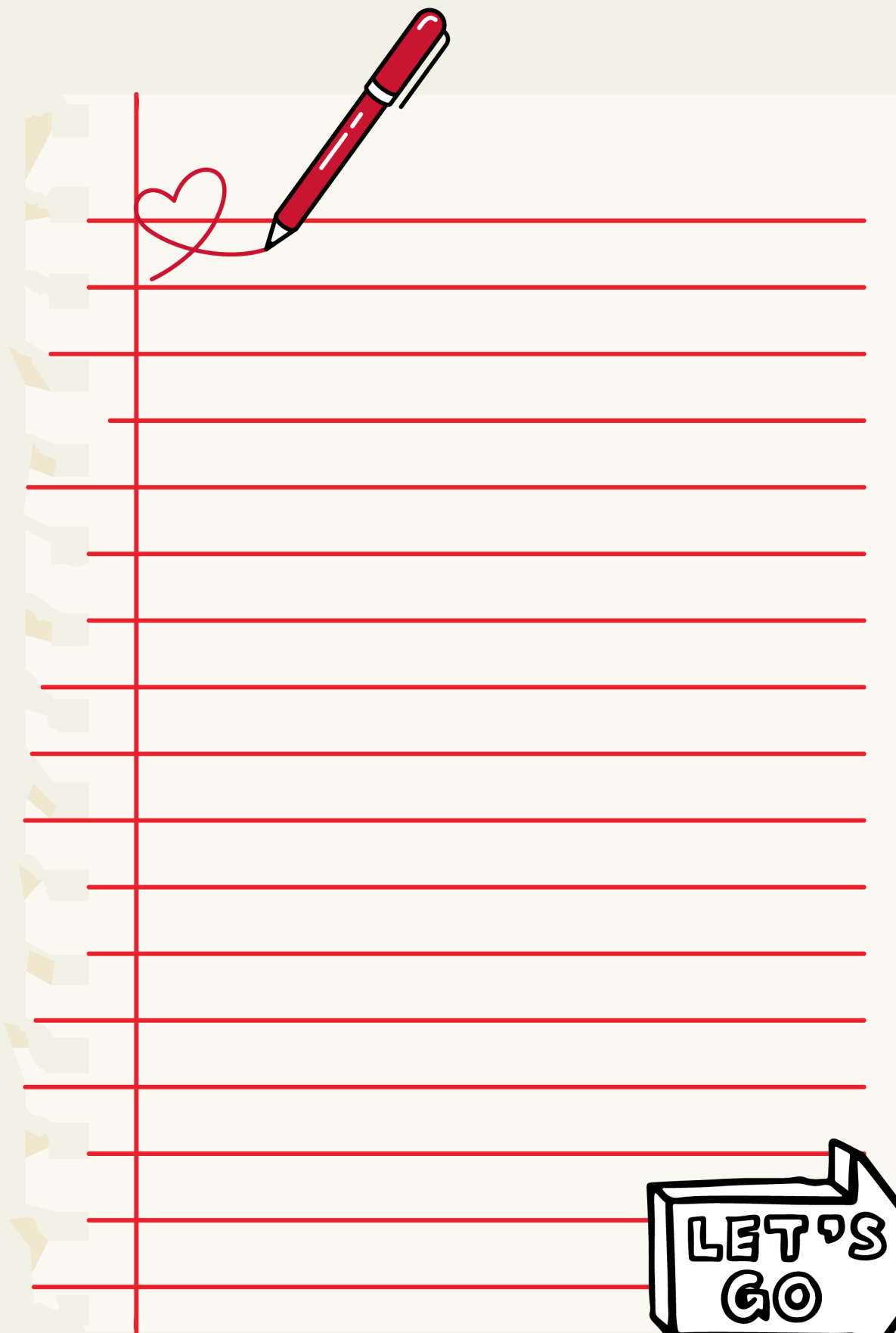
Get ready to laugh, reflect,
and maybe even snort your coffee
as you plan for one of life's biggest
(and most exciting) transitions — retirement!

This isn't your typical stuffy
financial prep book.

This journal is packed with
fun prompts, cheeky challenges, and space
for you to dream big,
jot down guilty pleasures,
and get real about what's next.

So grab a diet coke or favorite beverage
and let's get planning!





Month 1:

Why Do I Want Out?

☕ Prompt:

If you walked out today,
what's the first thing you'd do
(besides go through McD's
for the \$5 deal + Diet Coke)?

💬 Reflection: Biggest reason?
Smallest reason?

Who or what have you been too busy for?

🎉 Fun Task: Write a fake goodbye email.

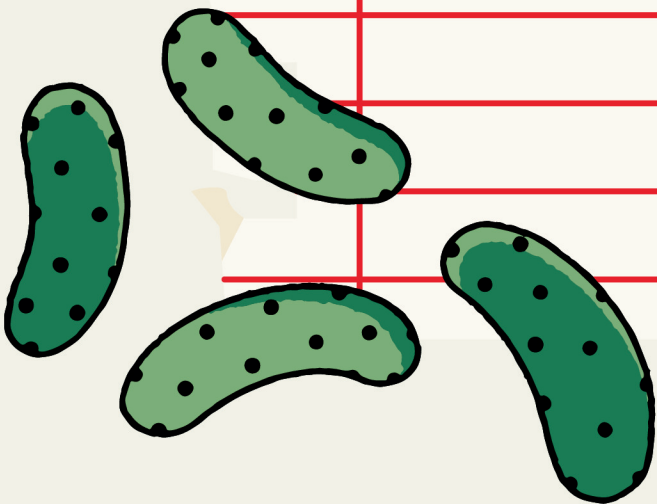
🍟 Guilty Pleasure Break:

Gas station pickles or jerky — circle it!





A large white rectangular area with a vertical red line on the left and horizontal red lines, creating a series of rows for writing.



Month 2:

Everyone's Got Advice... But Should You Listen?

 Prompt:

What's the best, worst, or silliest retirement advice you've ever heard?

 Reflect and jot it down..

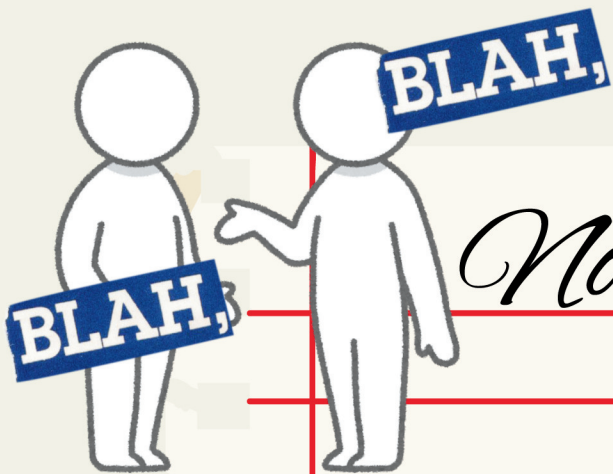
Who's giving advice you actually trust?

 Fun Task: Make two lists:
"Advice I'll Actually Use"
and "Advice I'll Laugh At."



Useful Ideas





Not so Much

Month 3: Where's My Happy Place?

 Prompt:

Where would you go overnight?

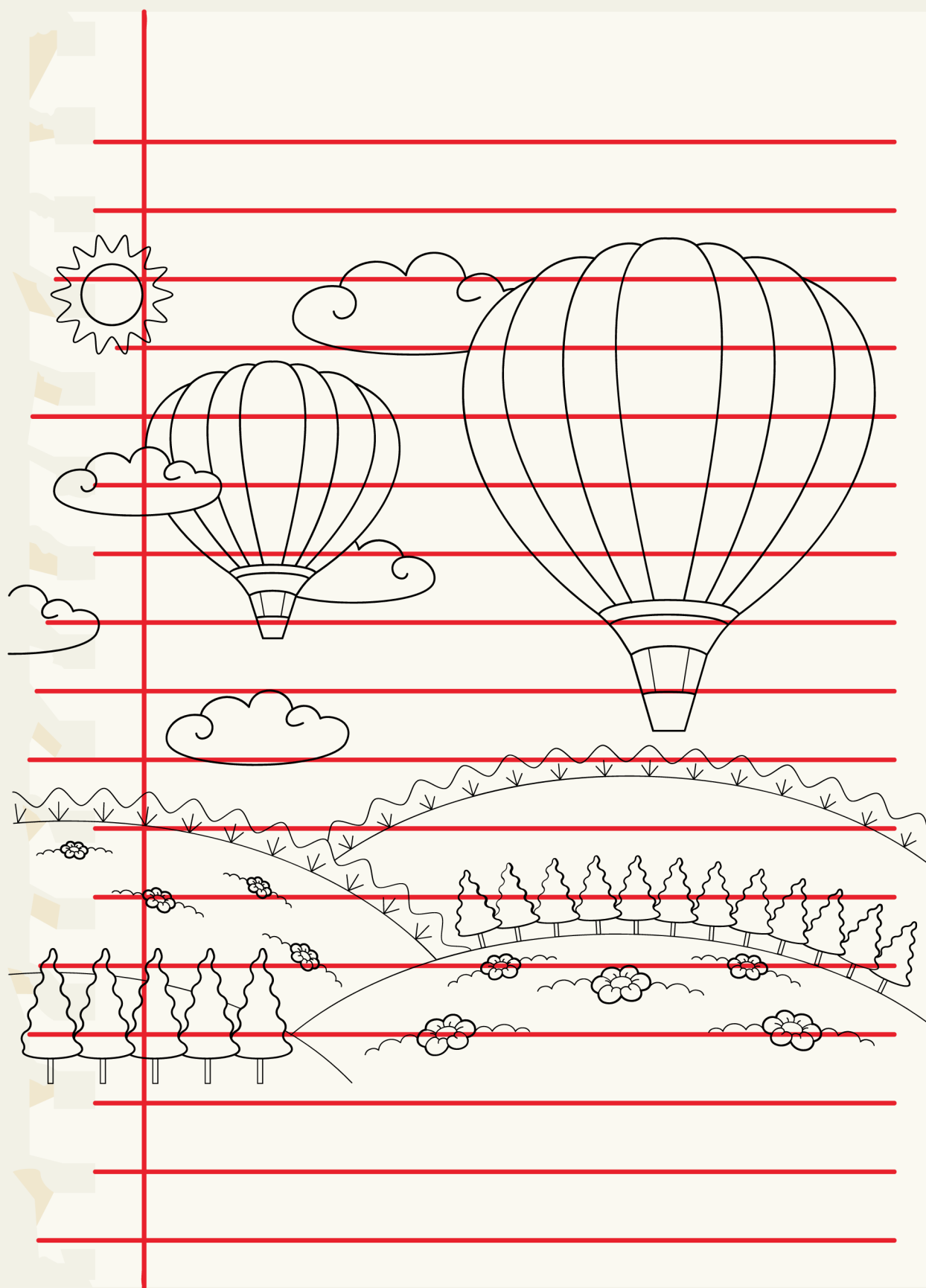
Newport beach trip, sailing the coast, hot air balloon ride?

 Reflection:

Places that light you up? Stay put or roam? Who's with you?

 Bucket List: Write top 10 post-retirement adventures.





Month 4: Declutter + Laugh

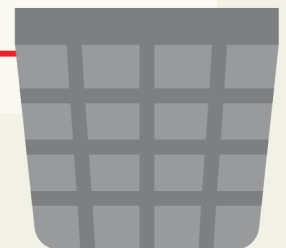
🖌️ Prompt: What are you thrilled to ditch?

💬 Reflection:
What weighs you down? What's hard to let go?

🎉 Fun Task: Write a snarky Craigslist ad.



THINGS TO GO



Month 5:

Meet Your Alter Ego

🧑 Prompt: Who's your retirement alter ego?

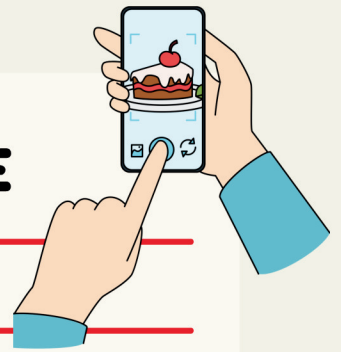
💬 Reflection: Perfect day? Dream hobbies?

🎨 Fun Task:

Draw or collage them (stick figures count!).



STOP TO SNAP A PICTURE



Month 6: Money Check-In



Prompt:

What would your money thank or scold you for?



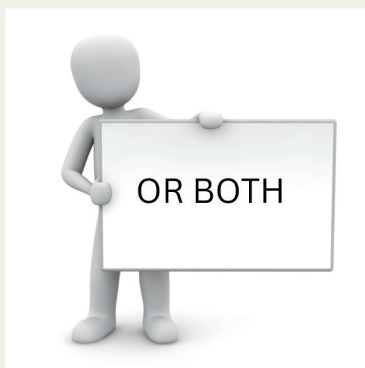
Mini Mission:

Tackle one money question, celebrate after.



But it's all I
can afford





I can figure this out



Month 7: Side Hustle Brainstorm

💡 Prompt: What gig makes you smile?

💬 Ideas:

Uber?

YouTube?

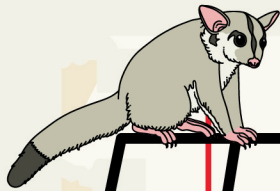
Pet sitter? Craft seller?

🎯 Mini Mission: Circle 2-3 ideas, research one.

Upload



Craft Fair



A large, empty rectangular area with a black border, designed for writing. The area is divided into two sections by a horizontal line. The top section has a scalloped roofline. The bottom section has a banner hanging from the top edge. The entire area is filled with horizontal red lines for writing.



Month 8:

Connection Check-In

🤝 Prompt: Who lifts you up? Who drains you?

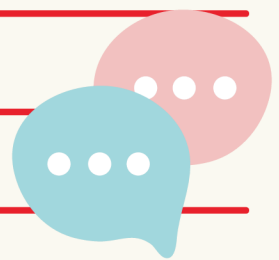
🎉 Fun Task: Plan a mini gathering or call.

Did someone say ZOOM?





A series of horizontal red lines for writing, with a vertical red line on the left side, creating a ruled area for text.



Month 9:

Health + Energy Reboot

 **Prompt:**

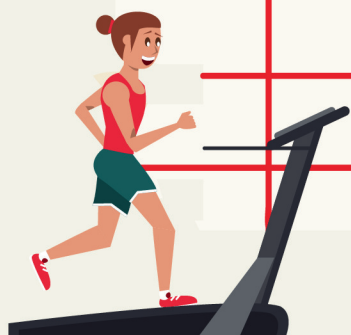
What makes you feel great?

 **Mini Mission:**

Choose a health goal, book a checkup, reward yourself.



Blank lined paper with a vertical red margin line on the left and horizontal red lines for writing.





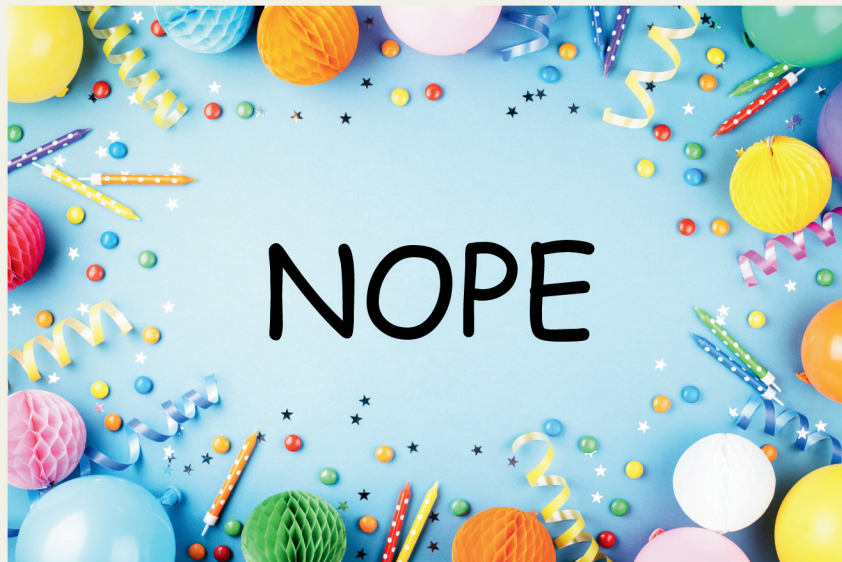
Month 10

The Big Exit Plan

Prompt:

Last day vision - Big bash or quiet slip away?

Fun Task - Draft a farewell speech or party plan.



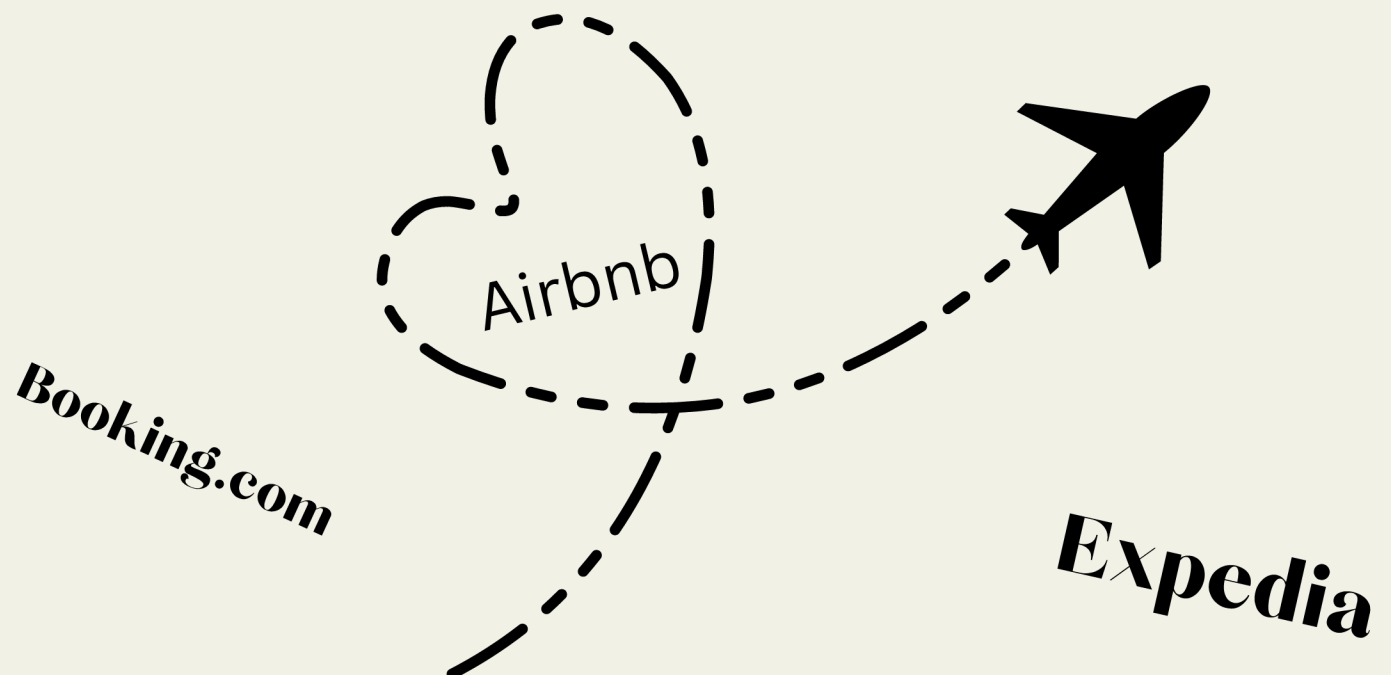
Dear friends and colleagues

byeeeee

Month 11: Countdown + Celebration

 Prompt: What's your "almost there" moment?

 Mini Mission: Plan a one-night splurge getaway.





A sheet of lined paper with a vertical red margin line on the left and horizontal red lines for writing. The paper has a torn edge on the left side.

**ALMOST
THERE!!!**

Month 12:

You Did It!

🥂 Prompt: How will you toast to your new chapter?

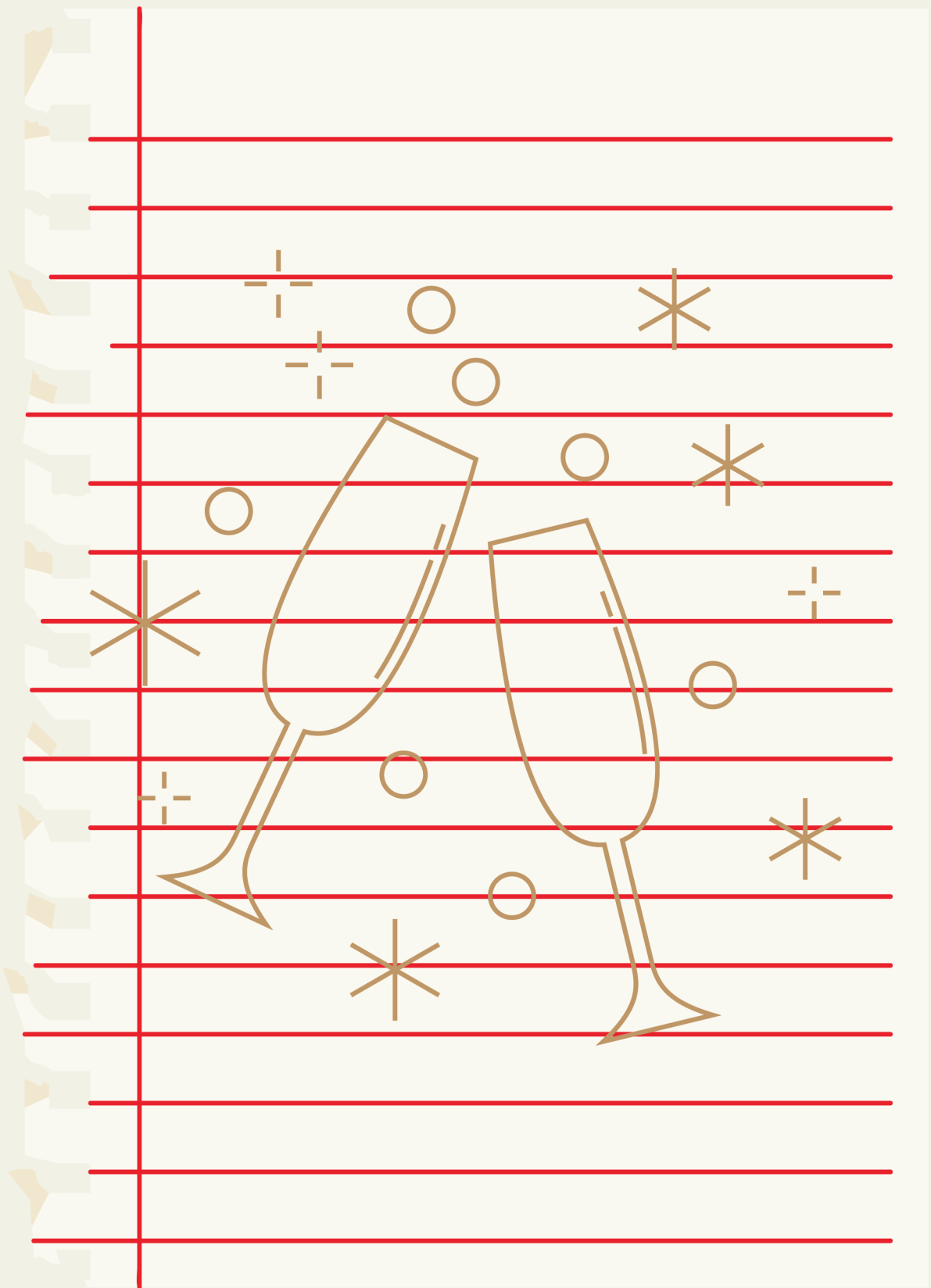
🎉 Fun Task:

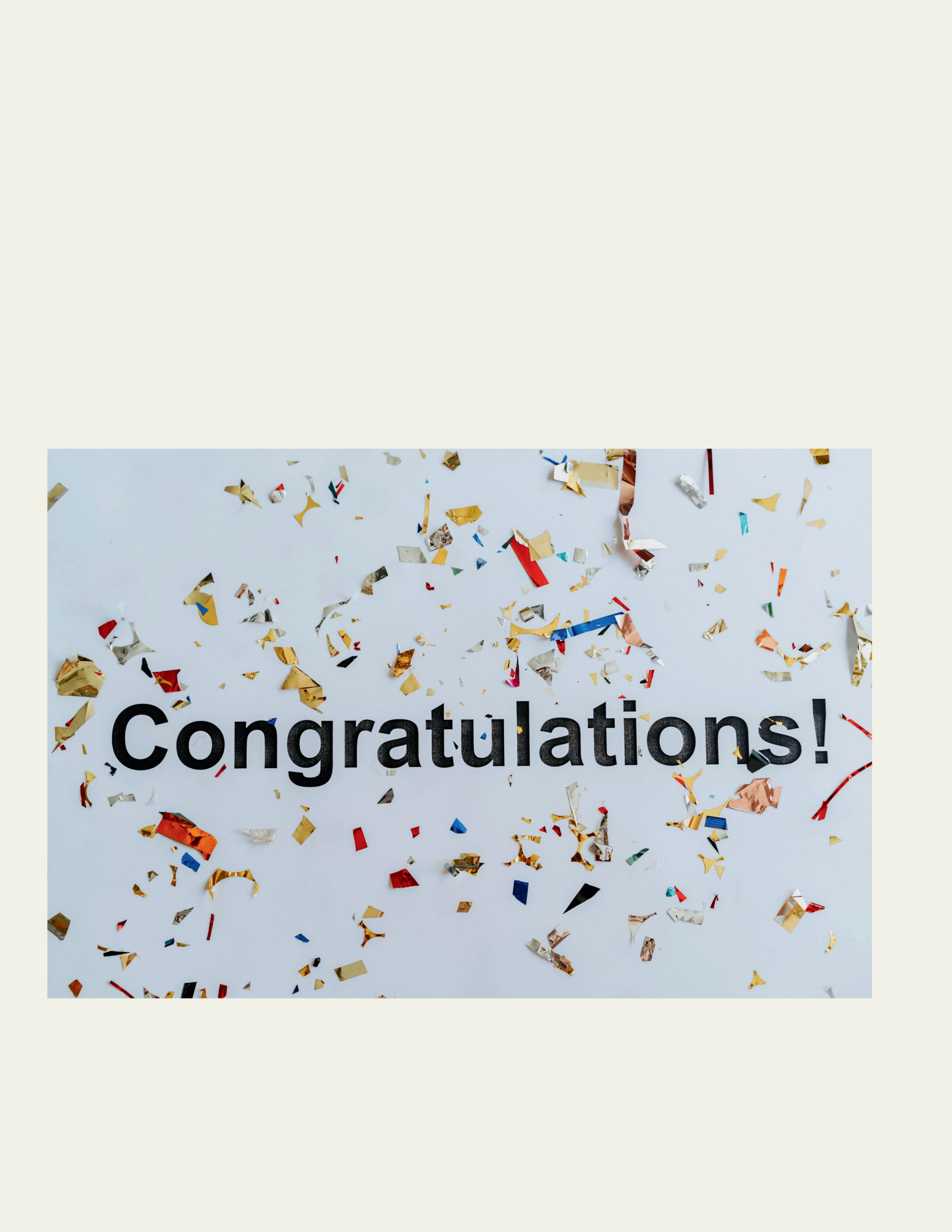
Write your first
week-of-retirement plan (don't forget naps!)

I'll start ...

1. NO MORE ALARM CLOCKS







Congratulations!

